

GENERATION

**CASH
BACK**

Children's Rights and Wellbeing Impact Assessment (CRWIA)



What is a CRWIA?

CRWIA stands for '**Children's Rights and Wellbeing Impact Assessment**'

It is a process that can be used to understand the effect something will have on children's rights and wellbeing. This could be a law, a service or a programme.



For example, if the government wanted to make a new law that cars could only drive 10 miles per hour in areas near schools, they would do a CRWIA to assess how children's rights and wellbeing would be affected by it.

What is the UNCRC?

UNCRC stands for '**United Nations Convention on the Rights of the Child**'

It is an agreement made by countries who have promised to protect children's rights. It explains who children are, all their rights, and the responsibilities of governments. It is now part of the law in Scotland.



It is divided into 54 'articles', most of which describe a different area of children's rights. UNICEF has produced an accessible version of the UNCRC which you can view [here](#).

What does the CRWIA process look like?

The Scottish government provides a guide on how to do a CRWIA, but organisations can adapt this and do things their own way. At Youth Scotland we:

- 1** Use a screening process to see if a programme will affect children's rights at all
- 2** Look at evidence from the programme to understand which children's rights are impacted
- 3** Speak with young people taking part and staff delivering the programme
- 4** Write up our findings into a document following the structure provided by Scottish government
- 5** The document is reviewed and signed off by senior managers
- 6** An accessible version of the document is created to be shared with and reviewed by young people

What is Generation CashBack?

Generation CashBack is a programme that supports youth groups and young people in areas of Scotland with fewer opportunities and resources. It is run by four organisations together - Youth Scotland, The Boys' Brigade, Girlguiding Scotland, and Scouts Scotland.



What is Generation CashBack?



- The programme has two strands:
 - **Grow** supports youth workers to improve their services for young people - it includes training, advice, and some money to help groups put on more activities.
 - **Lead** offers opportunities for young people including training programmes and courses, fun activities, and youth awards.



Who funds Generation CashBack?



The Scottish Government has a fund called CashBack for Communities that takes money confiscated from criminal activities, and uses it to pay for youth services and other opportunities for children and young people. This is where the money for Generation CashBack comes from.



Aims of Generation CashBack

- 1 Stop young people from getting involved with antisocial behaviour and crime
- 2 Give young people opportunities to improve their learning, and set them up for finding a job in the future
- 3 Improve young people's health, mental health and wellbeing
- 4 Support young people to give back to their community
- 5 Support young people to build skills, resilience, a strong support network, and take fewer risks



Who benefits from GCB?



Generation Cashback mainly supports youth groups who work with 10 - 25 year olds based in areas that score in the lowest 20% in each local authority against the Scottish Index of Multiple Deprivation (SIMD).

The programme has a positive impact on these groups and the young people that attend them. By supporting youth groups to improve, it will also benefit children and young people attending the group in the future.



Who benefits from GCB?



The support the programmes offers is adapted to fit what each youth group needs. For example, one group might want help to set up a new senior youth group, while one might want training to help youth workers support neurodivergent young people.

Through Lead, the programme also works directly with young people - going to groups to deliver activities, or hosting events and programmes for young people from across Scotland to attend.



Evidence about GCB's impact on young people

Generation CashBack has been running for over 10 years, so we have evidence of how the programme has impacted young people. From our evaluation forms we know that:

98%

report increased confidence

93%

report that they participated in a positive activity

98%

report improved wellbeing

88%

have increased motivation to contribute to their community

89%

report having positive support networks

99%

report an increase in skills



Evidence about GCB's impact on young people

Young people who took part in the programme have said:



"I've done something. I never just sit on the sofa, eat chocolates, watch TV. I've done something else."

"It's definitely helped my decision-making, because in Scouts and Explorers we get a lot of opportunities to make our own decisions and think about things. It's helped me develop the skill to think about things rationally and make a decision for myself instead of just trusting someone else to do it all the time."

"We do warm-ups such as games, acting games, creating scripts, and like characters for names, in what place it's set... it's just good for our mindset."

Evidence about GCB's impact on young people

Young people who took part in the programme have said:

"I'm on the young person's management board. We have to make the decision about whether a session is something young people would like or enjoy. I can say how something was from a young person's perspective. It's good to know that young people have a part in the decisions. They are always open to other ideas, if you say something they will look into it. They always try what we suggest."

"We've done sessions on confidence, eating disorders, alcohol and drugs... I like how eye-opening they are, I thought I knew some of this, but then you don't know that much until you can really talk about it. There is so much more to it than you think."



Evidence about GCB's impact on young people

Young people who took part in the programme have said:

“We do warm-ups such as games, acting games, creating scripts, and like characters for names, in what place it's set... it's just good for our mindset.”

“I feel like it teaches a lot of people respect... because it gives you responsibility as well. It shows you how to do stuff, how to be self-sustaining and capable of going out and doing something, and if you don't know how to do it, capable of going out and learning how to do that.”

“Outside of [youth group] I really don't think there is a lot for young people... There's a lack of social connection with young people and all that... they're bored and cannae really do anything so they end up, like, it goes to lead onto like them doing quite dangerous things...’



How do we collect evidence?



The organisations that run the Generation CashBack programme submit reports to the Scottish Government every three months, with a longer report due every year. The information they report is:

- How many children and young people are reached by Generation CashBack
- Anonymised information about those children and young people (e.g. their ages, where they live, their gender)
- How many children and young people gain youth awards
- How many young people report improvement against the outcomes listed earlier in this document

How do we collect evidence?

We collect the evidence through:

- Participant registration forms completed by youth workers with young people's details
- Evaluation forms completed by young people after taking part in Generation CashBack activities
- Case studies written up from interviews with young people and youth workers involved with the programme.



We support youth workers to collect evidence by training them on how to use different evaluation materials and techniques, and making sure they feel comfortable with the GCB materials.

Which articles of the UNCRC does GCB effect?



2

No discrimination, all children have these rights

GCB provides children and young people with equal access to positive, non-discriminatory youth activities. All partners who deliver the programme have anti-discrimination and equalities policies in place.



3

Decisions are made in the best interests of the child

All GCB activities are designed and delivered with the best interests of the child in mind.



6

The right to life, survival and development

All GCB activities are designed to support young people to thrive and reach their full potential, so offer positive development opportunities.

Which articles of the UNCRC does GCB effect?

12

The right to give their opinions on issues that affect them, and be listened to



This is one of the articles that GCB has the most impact on, as all partners recognise how important youth leadership is. GCB gives young people opportunities to develop leadership skills and take action in their communities. It also offers the chance to co-produce activities and take part in other youth participation projects. Through Lead, young people have become 'Green Young Leaders', working with other young people to advocate for climate justice. They have also trained as 'Young Grantmakers', designed funds and given out thousands of pounds to young people and organisations supporting young people.

Which articles of the UNCRC does GCB effect?



13

The right to share thoughts freely, unless it harms others

GCB groups encourage young people to share their opinions and develop their individual perspectives through youth work activities including youth participation. They also support young people to become more confident in expressing themselves.



14

The right to freedom of thought and religion

GCB is open to young people from all religious and secular backgrounds. Some groups specifically run activities where young people share their cultures with one another.

Which articles of the UNCRC does GCB effect?



15

The right to join or set up organisations, unless it harms others

GCB groups are youth groups that are open for young people to join and that give them the opportunity to make friends. Groups can also support young people to establish their own clubs and activities.

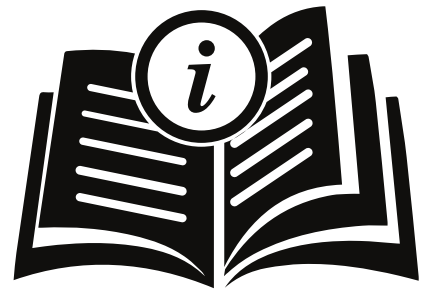


16

The right to privacy

Consortium partners have Data Protection Policies in place to ensure young people's data is stored securely and any images or videos are only shared with child and parental consent

Which articles of the UNCRC does GCB effect?



17

The right to access information

GCB groups support young people to research causes they are passionate about and incorporate this into their leadership and awards activities. They also provide information and advice for young people on a range of topics.



23

Children with disabilities

GCB partners have Equality and Diversity Policies in place to consider how best to make activities accessible to children with disabilities, and ensure that those children are adequately supported. They support groups to undertake accessibility and inclusion training.

Which articles of the UNCRC does GCB effect?



28 The right to education

GCB provides a range of opportunities that complement children's school learning and enhance personal development. They also accredit young people's achievements with youth awards.



29 Aims of education

The range of activities and awards available through GCB ensures that young people can develop the talents and abilities they are most passionate about to the full. Groups provide outdoor activities, sports, arts, games, computing and more.

Which articles of the UNCRC does GCB effect?



30

Children from minority cultures, languages and religions

GCB partners have Equality and Diversity Policies in place to ensure young people from minority groups are adequately supported and activities are accessible. GCB supports a number of groups that exist to support young people from minority cultures.



31

The right to leisure, play and culture

GCB groups support young people to access fun leisure activities, as well as offering opportunities to engage with culture through trips around Scotland. Many supported youth groups have spaces where young people can access a variety of games.

Which articles of the UNCRC does GCB effect?



33

The right to protection from harmful drugs

GCB supported groups offer issue-based sessions covering topics such as drug education. Partners provide youth worker training and resources on how to discuss drugs with young people, and how to support them with any relating issues.

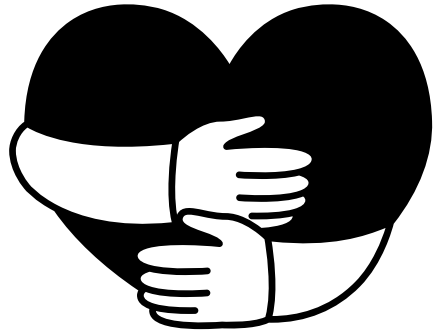


34

The right to protection from sexual exploitation

All GCB partners and groups have a Child Protection Policy in place, including mandatory training for staff, in order to prevent or recognise any forms of harm against children and young people.

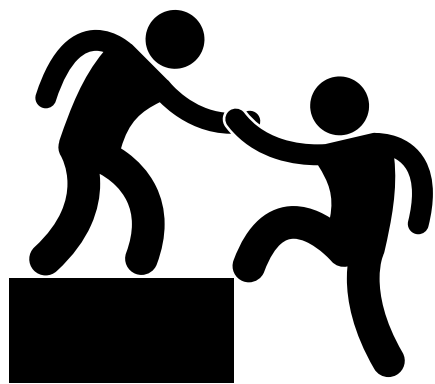
Which articles of the UNCRC does GCB effect?



36

The right to be protected from exploitation

All GCB partners and groups have a Child Protection Policy in place, including mandatory training for staff, in order to prevent or recognise any forms of harm against children and young people. Partners deliver Child Protection training.



40

Children who break the law

GCB supports young people who have been involved or are at risk of getting involved in the criminal justice system. We treat these young people with respect, as individuals with strengths and full of potential. Partners use a trauma informed approach.

Are there any negative effects?

The Generation CashBack programme has been assessed as having no negative effects for children and young people.



Furthering the implementation of the UNCRC



Generation CashBack delivers some activities that raise awareness of the UNCRC amongst young people and youth workers. These activities include children's rights training for youth workers, a Rights Challenge Badge, and various resource packs that leaders can use with young people to explore the topic of children's rights.



How does GCB involve young people in its design?

Generation CashBack was first developed in response to young people's views. Theirs' and youth workers' on-going feedback has helped the consortium to learn and refine the approach into Phase 6, having already run as part of previous phases. This means an even bigger focus on leading in the community and empowering young people to play their part.



"I want to help the community, keep it safe and clean – and this [GCB] has helped. I feel more confident and made more friends" - Young person, Glasgow

How does GCB involve young people in its design?

Young people's views are essential to the Generation CashBack project successes; we encourage youth leadership across the programme, from Young Grantmakers programmes, to our annual Reach event which is co-designed and co-delivered by a group of Young Advisors from across Scotland.



"When the advisory group first met we discussed why and for who we were doing this event. We talked about the aim and what workshops we felt were suitable. We thought about what they would actually want to do... We had free reign, which young people don't usually get so that was really good - it allowed our hopes to become a reality." - Reach Young Advisor

How do YPs find out about GCB and this CRWIA?



Children and young people hear about GCB opportunities primarily through their youth groups. Young people can choose whether or not they want to engage with GCB opportunities using the information available to them.

There are case studies and reports available on the Youth Scotland website. The CRWIA is also available on the Youth Scotland website. This document will be reviewed by young people in order to ensure the content is presented in an accessible way.

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Thank you

If you would like to find out more about this CRWIA,
please contact office@youthscotland.org.uk

